

## FCC Statement

This device complies with part 15 of FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of FCC Rules. These limits are designed to provide reasonable protection against harmful interference when the equipment is operated in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instruction guide, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and the receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult a service representative for help.

Properly shielded and grounded cables and connectors must be used in order to comply with FCC emission limits. LifeWorks is not responsible for any radio or television interference caused by using other than recommended cables and connectors or by unauthorized changes or modifications to this equipment. Unauthorized changes or modifications could void the user's authority to operate the equipment.

Responsible party:

LifeWorks Technology Group LLC  
1412 Broadway, New York, NY 10018

**FC** Tested To Comply With FCC Standards  
FOR HOME OR OFFICE USE

**Warning** Improper setup, use and care of this product can increase the risk of serious injury, death or device damage. Read and keep this guide and all other printed guides for future reference. For updated guides or replacements, go to [www.life-works.com](http://www.life-works.com)

**Do Not Attempt Repairs** Do not attempt to take apart, open, repair, service or modify the device(s). Doing so may risk electric shock or other hazard. Evidence of any attempt to open or modify the device, including any peeling, puncture or removal of labels, will void the Limited Lifetime Warranty.

Printed in China

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Mac® is a trademark of Apple Inc., registered in the U.S. and other countries.

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## technical support

for technical support please visit

[www.life-works.com](http://www.life-works.com)

or call (877) LIFE-540 (877-543-3540)

## lifetime warranty

for warranty information, please visit

[www.life-works.com/warranty](http://www.life-works.com/warranty)

for model number(s)

IH-H400AB

document version number 0811-0

## Headset Warning

Extended exposure to high volumes may result in temporary or permanent hearing loss.

iHome™

IH-H400AB

LifeTalks™  
basic headset



## quick start guide

Congratulations on the purchase of your new  
**LifeTalks basic headset.**

This product comes with a limited lifetime warranty.

Before using your product, please thoroughly read and follow the instructions inside this guide.

If you still need help, see the back page for other support options.

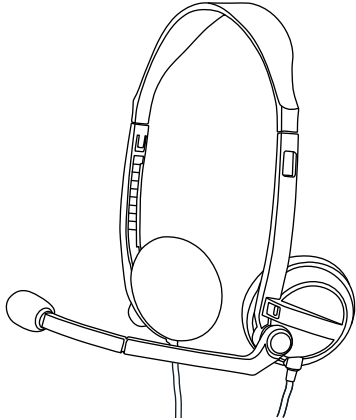
If you want to know more about our products, visit us online at  
[www.life-works.com](http://www.life-works.com).

## system requirements

- 3.5 mm (1/8") headphone output and microphone input

## setup

### 1 • verify package contents

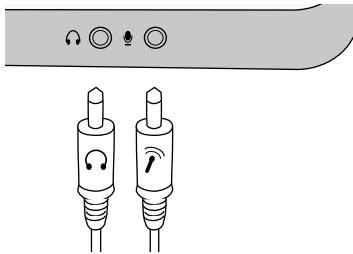


LifeTalks basic headset



quick start guide  
(in your hands right now)

### 2 • connect headset to computer

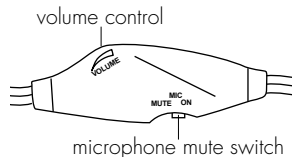


Plug the green connector into the 3.5 mm (1/8") headphones output. Plug the pink connector into the 3.5 mm (1/8") microphone input.

### 3 • adjust headset and microphone volume

You can adjust the headset volume on your computer or using the volume control on the headset cable. You can also adjust the microphone volume on your computer.

Mute the microphone by using the switch on the headset cable. You can also mute the microphone using the volume controls on your computer.



To adjust the volume on your computer:

#### Windows® XP

Click the volume control in the system tray.



You can also adjust the volume by clicking **Start > Control Panel > Sounds, Speech, and Audio Devices**.

#### Windows Vista®

Click the volume control in the system tray.



You can also adjust the volume by clicking **Start > Control Panel > Hardware and Sound**, then clicking **Adjust system volume** under **Sound**.

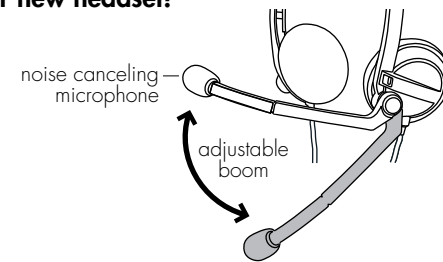
#### Mac® OS X

Click the volume control on the menu bar.



You can also adjust the volume by clicking the **Apple menu** and choosing **System Preferences**, then clicking **Sound**.

### 4 • start using your new headset!



## troubleshooting

situation	try this
cannot hear audio	<ul style="list-style-type: none"><li>• Ensure the green headphone connector is inserted properly into the headphone output.</li><li>• Ensure the volume on your computer is not muted and the headphone volume is adjusted so it is high enough to hear.</li></ul>
microphone does not work	<ul style="list-style-type: none"><li>• Ensure the pink microphone connector is inserted properly into the microphone input.</li><li>• Ensure the microphone volume on your computer is not muted and the microphone volume is properly adjusted.</li></ul>

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